

Prasna Marga In Hindi

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Prasna Marga is a traditional Indian system of medicine, often referred to as the "Science of Questions and Answers." It is a holistic approach to healthcare, focusing on the balance of the body, mind, and spirit. The system is rooted in the ancient texts of the Vedas and the Upanishads, and it has evolved over centuries into a comprehensive medical system.

History and Significance of Prasna Marga

The history of Prasna Marga is deeply intertwined with the spiritual and philosophical traditions of India. It is believed to have originated from the sage Yashovilas, who is credited with the compilation of the Prasna Samhita, one of the foundational texts of the system. The text is a dialogue between Yashovilas and his disciples, where he imparts his knowledge of the human body, mind, and the universe.

The significance of Prasna Marga lies in its holistic approach to healthcare. It does not merely focus on the physical symptoms of a disease but also considers the mental and spiritual aspects. This holistic view makes Prasna Marga a unique and valuable system of medicine, especially in the context of modern healthcare, which often focuses on the physical aspects of health.

Main Objectives of Prasna Marga

The main objectives of Prasna Marga are to understand the human body, mind, and spirit, and to use this knowledge to promote health and well-being. The system aims to achieve the following goals:

- 1. To understand the human body, mind, and spirit, and their interrelationships.
- 2. To identify the causes of disease and the factors that influence health.
- 3. To develop effective treatments and therapies for various ailments.
- 4. To promote a healthy lifestyle and a balanced diet.
- 5. To foster a deep understanding of the human body and the universe.

In conclusion, Prasna Marga is a holistic system of medicine that has stood the test of time. Its emphasis on the balance of the body, mind, and spirit makes it a valuable system of healthcare, especially in the context of modern medicine. By understanding the human body, mind, and spirit, we can achieve a state of health and well-being that is truly holistic.

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प्रश्न पूछने का तरीका (How to Ask Questions in Prasna Marga)

प्रसन्न मार्ग प्रयोग प्रयोग (Applications of Prasna Marga)

प्रसन्न मार्ग के फायदे और सीमाएँ (Advantages and Limitations of Prasna Marga)

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योगयोग योग योग योग (Favorable and Unfavorable Yogas in Prasna Marga)

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योग दोष (Yog and Dosh)

1. राहु राहु राहु राहु Raj Yoga, Budha-Aditya Yoga राहु राहु राहु राहु

2. ☐ ☐ ☐ ☐ Kemadruma, Pitra Dosh ☐ ☐ ☐ ☐ ☐ ☐

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1. **Ascendant (Urdhva)**
2. **7th House (Dharma)**

Special Rules

1. **Special Rules**

Special Rules

Special Rules

1. **Special Rules**
2. **Special Rules**
3. **Special Rules**

Advantages

1. **Advantages**
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Questions & Answers About prasna marga in hindi

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